

**May 2025**

## ★ **Blue Star Mothers ROC** ★



We are mothers, stepmothers, grandmothers, foster mothers and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism. Our organization focuses on our mission every single day and will never, ever, forsake our troops, our veterans or the families of our Fallen Heroes.

### Meetings & Events

- \* BSM Meeting:  
May 17th @9:30am Henrietta  
Ely Fagan American Legion,  
260 Middle Road, Henrietta  
NY  
**Remember to bring canned  
goods for VA Food Pantry to  
the mtg**
- \* Future Strong Stars:  
June 2nd @7-8pm Panera  
Bread 935 Holt Rd, Webster
- \* Women Veterans' Coffee  
House: June 13th 5:30pm  
@5:30pm Ely Fagan American  
Legion. RSVP to 585-210-  
9779

### Upcoming Events

- \* June Care Packages June 21st  
at the Webster Legion
- \* Scholars to Soldiers on Flag  
Day June 14th
- \* Garlic Fest Sept 6th & 7th
- \* Veteran Stand Down Sept  
12th

**Lots of ways to get involved!!!!**



The month of May is designated as Gold Star Awareness Month, a time to deeply honor and pay tribute to the brave men and women who made the ultimate sacrifice in service to our country. We remember their courage, dedication, and selflessness, and extend our heartfelt gratitude to the families who continue to bear the weight of their loss. This month, we stand in solidarity with Gold Star Families, acknowledging the strength and resilience they display as they carry on the legacy of their loved ones.

## Supporting the VA Food Pantry

Support the Canandaigua and Rochester VA Food Pantry by bringing something for the Pantry to our monthly Blue Star Mothers meeting.

### Pantry List

**Canned chicken**

**Pasta**

**Rice-A-Roni Meals**

**Oatmeal**

**Canned Fruit**

**Reusable Shopping Bags**

**Canned Tuna**

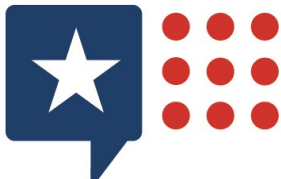
**Pasta Sauce (glass/plastic jar or cans)**

**Peanut Butter**

**Cereal**

**Canned Vegetables**

**Veterans  
Crisis Line**



**DIAL 988 then  
PRESS 1**

The road to hope can start with a single  
**call, chat, or text.**



 **Veterans  
Crisis Line**  
DIAL 988 then PRESS 1

## Surviving Military Spouses Luncheon

Surviving military spouse are invited to join with other military widows and widowers for lunch and open discussion and support, consider coming to the monthly lunch at Panera Breads, 1902 Monroe Ave, Brighton, NY on the second Thursday of each month from 1-3pm.

---



---

# Veterans Faced with Cancer Support Group



2nd and 4th Tuesday of the Month  
5:30-7 pm  
255 Alexander Street  
Rochester, NY 14607

---

For more information on joining our support group or our additional support programs call 585.423.9700 or visit us at [www.cscrochester.org](http://www.cscrochester.org).



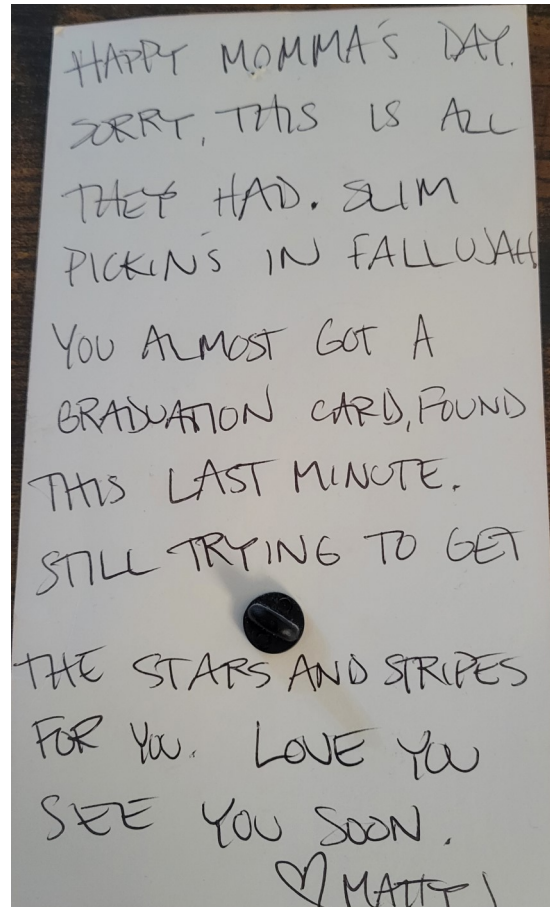
**Community is Stronger  
than Cancer.**



ROC Veterans provides information about events in the Finger Lakes Area for Veterans & their families. They have a Facebook page, Instagram account and website that can keep you current with events in the area..



# Mother's Day When You Are a Military Mom





## Blue Star Mothers ROC



### CARE PACKAGE DRIVE

*Help Us Send A Little Bit of Home to Our Deployed Military*

*Packages sent twice a year in June and November*

#### Items Needed by 6/14/25 for June Packages

##### **Personal Care Items**

Wet Wipes  
Lip Balm/Chap Stick  
Gum  
Hygiene Products (Soap, Deodorant,  
Q-Tips, shampoo, toothpaste,  
Foot Powder, Tissues)  
Black Cotton Socks  
Magazines (sports/fitness)  
Dryer sheets (used to put in boots)  
Playing Cards  
Cross word Puzzel books

##### **Snacks/Treats**

Beef Jerky or Slim Jims  
Powdered Drink Mixes– single serve  
(Powerade, Gatorade, Cystal Light)  
Instant Coffee single serve  
Tea Bags  
Oatmeal packets  
Granola / Cereal Bars / Protein Bars  
Cookies (Individual packs of Oreos, Chips ohoy)  
Trail Mix  
Nut Packets  
Pringles (snack size)  
Pretzels/Cheetos/Chex Mix/Crackers – snack size  
Hard Candy (Life Savers/Mints)

**Save time and visit our Amazon BSM Roc NY8 Care Package Wishlist and purchase some items and have them shipped directly to us for packing.**

amazon



**Amazon Care Package Link: <https://a.co/auDQ1bo>**

Blue Star Mothers NY8  
1335 Jefferson Road, # 93272,  
Rochester NY 14692  
[www.bluestarmomsroc.com](http://www.bluestarmomsroc.com)  
Email: [president.ny8@bluestarmothers.us](mailto:president.ny8@bluestarmothers.us)  
Facebook: Blue Star Mothers Roc  
585-943-1252





# The 2025 Rochester Blue Star Mothers Baby Shower

The 2025 annual Military Baby Shower theme was you are my sunshine and that sunshine was showered on 15 families this year. Thank you to all the community donors, the volunteers and the Webster American Legion, for helping us with this event! We appreciate you all.





# **THANK YOU**



**for supporting the  
2025 Blue Star Mothers NY8 Baby Shower**

**Karen Reyes Massage Therapist**

**Rosey Glow Maternity Shop**

**Chili Chain Gang**

**Buffalo Knitting Group**

**Wegmans**

**Tops**

**Target**

**Webster American Legion Auxiliary**

**Webster American Legion**

**Greece American Legion**

**Irdondequoit American Legion**

**Henrietta American Legion Auxiliary**

**Schutt's Apple Mill**

**VFW Auxiliary Post 4657**

**Morris and Friends Euchre Tournament**

**and various other individuals who donated gifts  
and their time to make this baby shower a success**



***We couldn't do it without you!!!***

# MALE VETERANS GROUP

Connecting through camaraderie!  
Enjoy a meal with fellow Veterans and meet  
representatives from other organizations.

3:30 PM, 1ST WEDNESDAY  
OF EACH MONTH



GOLDEN CORRAL  
450 JEFFERSON RD

*MUST RSVP TO*  
[RYOUNG@COMPEERROCHESTER.ORG](mailto:RYOUNG@COMPEERROCHESTER.ORG)



# Volunteer Opportunities

Our chapter grows and is able to help more service members, veterans and military families because of volunteers. We need the support of all members, associate members, and those thankful for our military to have successful events like The Veteran Stand Down, Lights of Honor, Care Packages etc. Please look at the opportunities below, see how you can help. Our kids stood up and volunteered, now we need YOU to do the same.

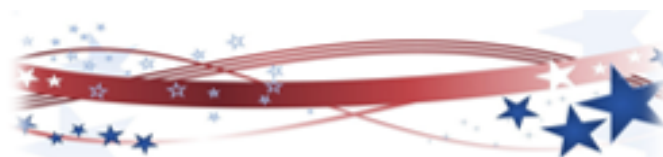
**Military Baby Shower:** April 27th, a community baby shower for military and veteran families expecting a child or have an infant less than 6 months old. Help needed: collect shower gifts, ask for donations, create baskets, support at event: decorating, picking up food items, welcoming moms, serving food, set-up/clean-up. Contact Amy VanDerwerken at [president.ny8@bluestarmothers.us](mailto:president.ny8@bluestarmothers.us) or Jill Harris at [1vp.ny8@bluestarmothers.us](mailto:1vp.ny8@bluestarmothers.us) to volunteer.

**Care Packages:** Boxes packed/mailed in June & November to service members deployed overseas. Help needed: solicit postal addresses for deployed service members, collect care package items, promote our Amazon gift list for needed care package items. Friday night before packing: set-up of donated items. Saturday morning: put together mailing boxes, fill boxes, seal boxes. Contact Debbie Trevett at [treas.ny8@bluestarmothers.us](mailto:treas.ny8@bluestarmothers.us) or Kathy Dodsworth at [kdodsworth@frontiernet.net](mailto:kdodsworth@frontiernet.net) to volunteer.

**Veteran Women's Coffee House:** Monthly get-together for veteran women. Dinner is served. Help needed: preparing food for dinner, set-up/clean-up. CoChairs are Nancy Bird and Dory Braun. Contact Dory Braun at [dbraun4@gmail.com](mailto:dbraun4@gmail.com) to volunteer.

**Webster Garlic Fest** September 6th & 7th Contact Cherie Wood at [WebsterGarlicFest@gmail.com](mailto:WebsterGarlicFest@gmail.com) to get involved in this stinkin good time.

**Veteran Stand Down:** Organized annually by Veteran Outreach Center in September for area veterans with information on community services, employment and support. Held during the day on Friday at the Public Market in Rochester. Help needed: serving lunch to veterans, staffing BSM table and handing out hygiene supplies, set-up/clean-up. Contact Amy VanDerwerken at [president.ny8@bluestarmothers.us](mailto:president.ny8@bluestarmothers.us) to volunteer.



Blue Star Mothers ROC NY8  
1335 Jefferson Rd, #93272  
Rochester NY 14692  
Web: [www.bluestarmomsroc.com](http://www.bluestarmomsroc.com)  
Facebook: Blue Star Mothers ROC  
Phone: (585) 210-9779